

# Katrine Skovsgaard

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Sharing Care Vulnerability Haptics Body Movement Collectivity Touch



Touch Cromwell Place, London, July 2021

Carpet tapestry installation accompanied by sound piece. This image shows the tapestry hung as an installation at Cromwell Place in London. The circular construction creates a room-within-a-room that is a calm environment in which to listen to the audio piece. Viewers are invited to sit. Installation images by Ollie Harrop. [Listen to sound here.](#)

I was awarded the HIGH Prize of Creative Excellence for the project.





Release - Grid #1-15 Photographic grids 100x70 cm - KP20, Kunsthall Aarhus, April 2021

A series of paintings, photographic grids, performances and videos. I translate exercises into material, that speaks openly about the body and its functions. The work becomes a visualisation that is inseparably bound up with the real without resembling it; abstractions of lived life.

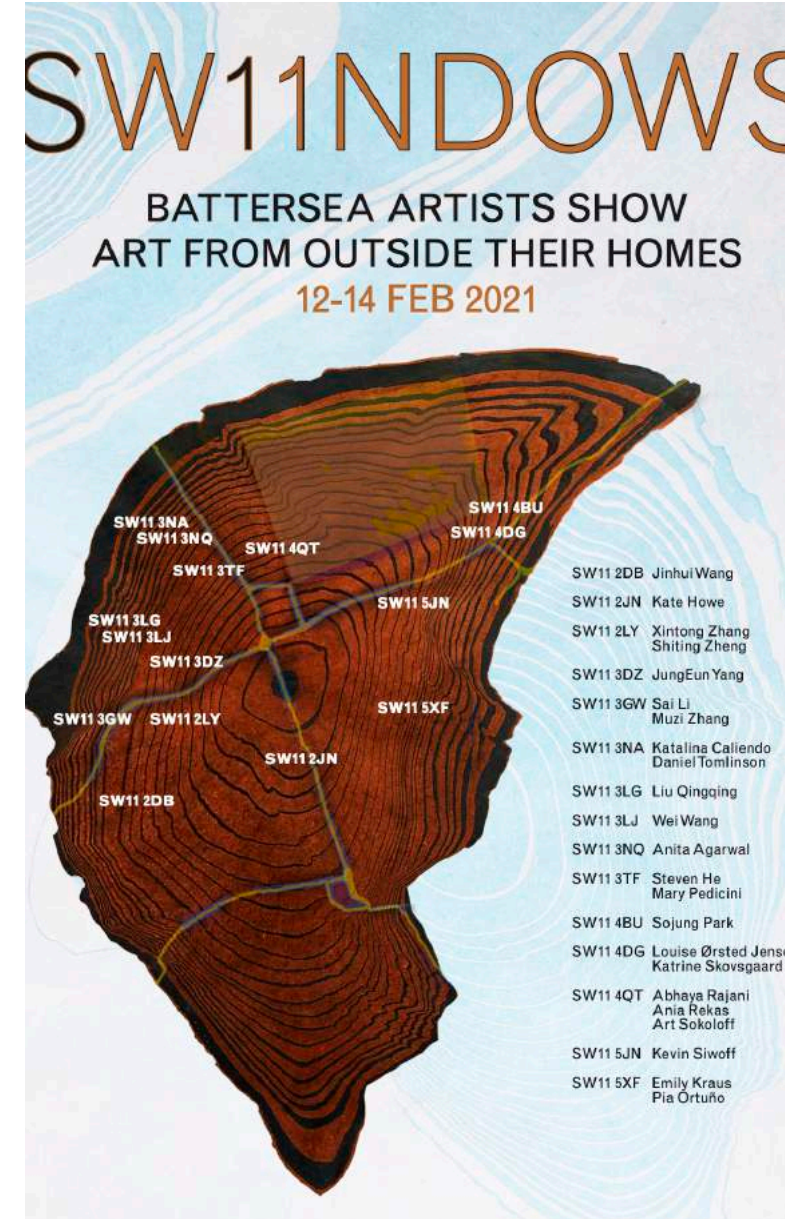


**Release - Performance** Performance of painting a release painting at Copenhagen Art Week

Release has been shown in different constellations; at The Language Hospital at Sorø Art Museum, Copenhagen Art Week, Kuldiga Art Hall in Latvia, BKF in Copenhagen and in the publications The Pluralist, UK and Der Grief Guest-Room curated by Dominic Bell, Germany.

Here shown as a performance at Copenhagen Art Week.





SW11NDOWS Battersea, February 2021

Lockdown exhibition with 23 artists all living in London postcode SW11, exhibited in or accessible from public space; works installed on balconies, windows and doorways, in gardens, on fences and in door phones. Open call curated by Anita Agarwal, Louise Ørsted Jensen and Katrine Skovsgaard.

I exhibited a carpet alongside sound narration - listen here:

<https://www.katrineskovsgaard.net/da/Projects/2021/SW11-NDOWS-2021>



## Invitation Letter Sample

Dear \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_:

I am writing to ask you to join in a peer to peer support project called The Hologram. For now, I want to invite you to a two hour meeting online. Are you available on this day and time, this or this?

If you say yes you will be contributing to an experiment in peer to peer healthcare - with its roots in an integrative care model developed within the Social Solidarity Clinic movement in Greece, in response to the financial and migrant crisis. All our crises are connected, as we know more every day. This is a practice developed by an artist as a way to help distribute the labor of care in a way that can produce more stability and health for more people as we survive the end of capitalism and find new ways to thrive collectively. You can read about the project [here](#).

If you agree, you will also be helping me. As you know, this has been an extremely confusing time. Like most people, I have a lot of changes to contend with. I would be very moved if you would be a part of this experiment with me.

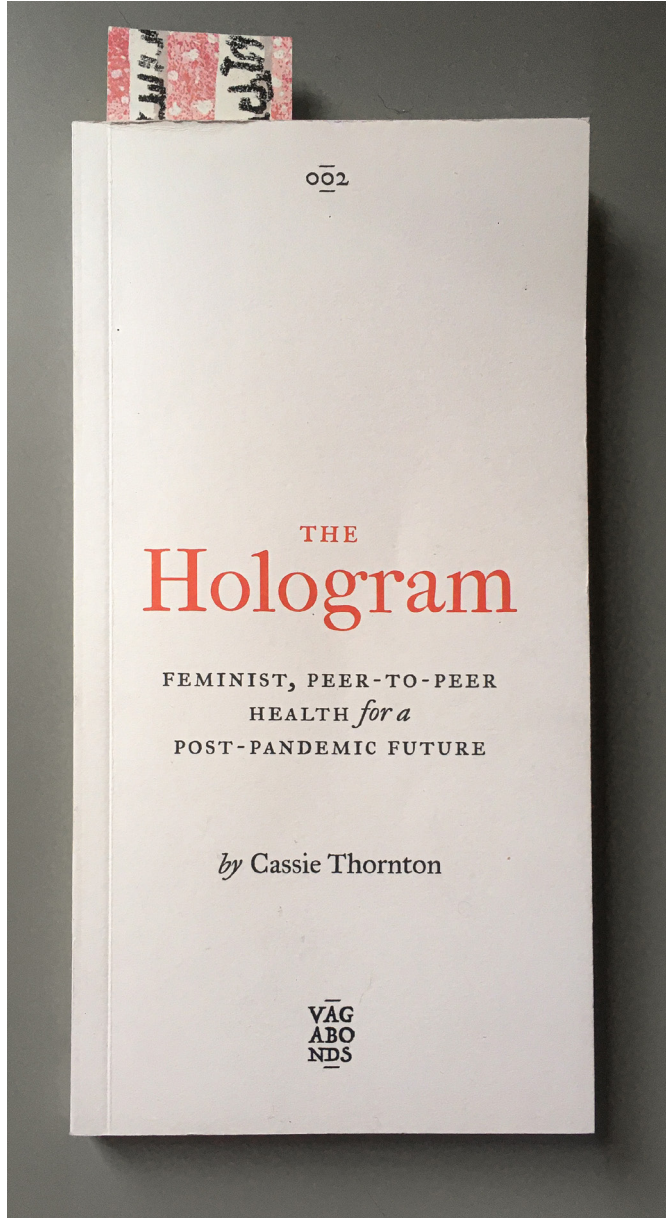
In the meeting I am planning, three people will act as my triangle. As a member of my triangle, you would focus on helping me to see myself in all my dimensions. To do that you would ask me questions with a focus on my social, physical, or mental/emotional well being. I would also be playing a role, called a hologram. At the beginning I will share a little bit with you about what I would like to talk about during our session. I think your presence would make it possible for me to understand and learn from my present situation.

The Hologram is meant to be a long term practice, but if you agree, let's just start with one trial meeting. If it feels good to the four of us, it is a practice we could do in an ongoing way. The goal is that after you act as a member of my triangle for a while, I would help you form a triangle of support for you too.

Thank you so much for receiving this message. As you might guess, it was quite scary to write and ask for this kind of support. I hope this leads to a good conversation with you, no matter what your decision is:)

The Hologram Facilitation online and on couches all over the world, through 2020 and 2021

*The Hologram* is an artwork by Cassie Thornton: a mythoreal viral distribution system for non-expert healthcare. Its protocol formalises our informal caregiving relationship and ensures that all caretakers are cared for, and regards supporting someone else's wellbeing as therapeutic in itself. I am in the team who delivers this method of social care and collective liberation. I facilitate inductions; what we call Minimum Viable Holograms; an intimate two-hour facilitated session. Participants sign up in groups of four, with one person asking three trusted others to join a guided conversation about their physical, social, and emotional health. Sign up and more info here: <https://thehologram.xyz>



# mercurial Mist

← previous post

Welcome to the pile. To navigate through the pages, click on the floating numbers. Drag the works around and select what to read by clicking on text titles or images. Some artists have their work spread over search bar to

## Pray, Katrine Skovsgaard

I'm crouched on a wooden pallet in the gutter, tears streaming down my face as a large, warm hand touches my shoulder. "How are you?" a towering body over me asks. I'm reluctant to respond and surprised by the presence: where I come from, the tearful stranger is best avoided. You don't approach someone crying in the street – much less touch them. I'm flustered by this approach.

"I can't really fool you with 'I'm fine', can I?" I shrug as she sits down beside me in a sideways hug, her strong arm wrapped around my shoulder. I tell her about my worries, and about my employee's incompetence – spit flying; how my health is declining, how I will have to fire him – tears flooding my face; I am in critical need of care myself, and I need to find and hire his stand-in within hours – the tissue in my hand is soaked.

I disappear into her embrace, limbs protruding either side of her large body as it envelops mine and her hands softly but insistently hold me to her chest. My sobs intensify, then gently subside into sniffles, in turn becoming slow, deep breaths to the drum of her heart. Seconds become minutes in the warm embrace of this stranger.

"I want to pray for you before we go inside. If that's something you would like," she whispers. I think to decline her offer, but I am inspired to meet her way of being in the world like she now meets me in my sadness and irritation, so I say yes. Her warm face lights up as she places the palms of her hands to the uneven ground and pushes herself to stand. She takes an extended, calm breath in, and a deep voice intonates expertly from the depths of her stomach. Her hands flutter upwards, full of passion. Hips sway as her voice vividly evokes my troubles in a scintillating use of intonation. She expresses her love and sings for the lord to be my guide: to send me health and strength in this life. I find power as my words reverberate from her vocal cords and into her wildly frustrated dancing hands; my heart passes through her being.

Her song lingers with me as I walk inside, and she joins me; she is my new employee. Today is her first day. I'm embarrassed that I haven't even asked her about her worries – reciprocated her caring presence.

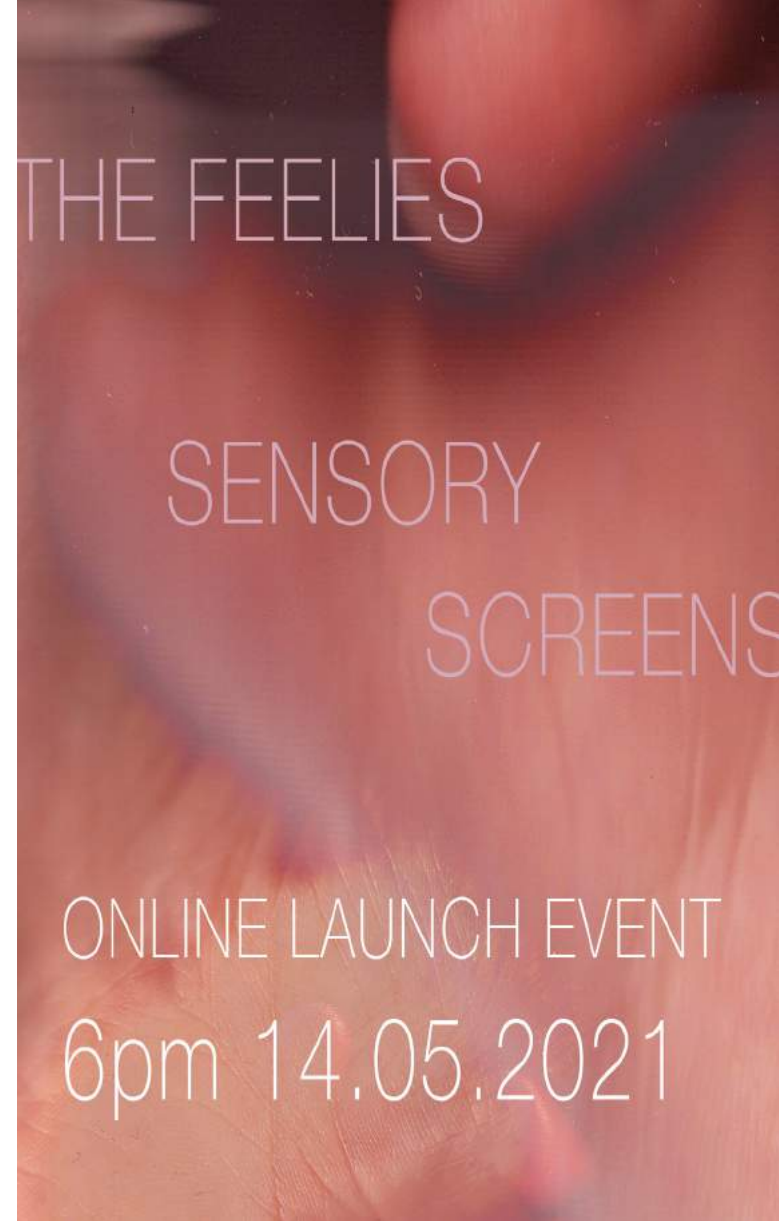
See more of Katrine's work at: <https://www.everythingforever.net/katrine-skovsgaard>

Soft Everything Forever, Mercurial Mist, Montez Press Radio; exhibition, radioshow and publication, 2021

Since producing the first carpets, I have made small performances to 'translate' them onto the screen. I have worked on creating 'haptic visuality' to tap into the sensory potential of screens and workshop on (online) graduation strategies. (*Haptic visuality* is a term used by Laura U. Marks in *The Skin of the Film*: a visuality that functions as a sense of touch by triggering physical memories of smell, touch and taste).

The artwork exhibited here has three outputs: only text, only narration, and moving image with narration  
<https://chartreuse-harp-n3pl.squarespace.com/katrine-skovsgaard>





*The Feelies* Workshop and online exhibition, February-May 2021

Through *The Feelies*, an across-RCA group, I experimented with this translation and the idea of sensory screen experience beyond the visual. I translated the sensation of touch to screen through a set of criteria introduced by Marks. I found that, e.g. a narrow field of vision, hyper-close-up and using the camera as if it were a hand can produce some of the haptic effects I was looking for. Using very limited visuality to make space for the auditory elements of the work was another strategy I used for this project.

I co-hosted the opening event with Barbara Mueller - see works at <http://ordinaries.online/thefeelies>





PhD Project proposal, February 2021

I have applied to and been offered a place at the PhD programme at RCA. I will pursue a PhD degree in order to develop my art practice by linking it more firmly to research and by expanding it in context and scale. Studying for the PhD degree at RCA would allow me to do so, and to bring in new collaborators and specialised contexts in London. I am currently fundraising for the tuition, salary and production costs that such a project requires. In the following pages, I outline some of the key research questions, methods and methodologies of the proposed project. Image above from the co-creational and participatory project (I). <https://www.katrinekovsgaard.net/en/Projects/The-Body/I-2016>





PhD methodology PhD interview, March 2021

Participatory -> input for qualitative analysis (e.g. coding framework)

Transdisciplinary -> new forms of knowledge through e.g. movement practices and haptics  
 -> sensitive process of responsiveness/reciprocity -> artwork and body of writing

Image above from the co-creational and participatory project *Headscapes*.  
<https://www.katrineskovsgaard.net/en/Projects/The-Body/Headscapes-2018>